

Relationships Between Garden Health and Knowledge Transfer within Immigrant and Refugee Communities

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Research Question

How do relationships with food reflect how medicinal, cultural, and conservation practices are approached?

Importance of Project

Food is a reflection of culture and history, a concept that becomes particularly poignant with immigrant and refugee communities. Along with food practices, medicinal practices are added reflections of identity. The manner in which people engage in medical practices, particularly in immigrant and refugee communities, is a reflection of:

- the social, cultural, and physical environments
- cultural identity
- knowledge exchange
- community identity

Proposal

- Create an medicinal herbal garden
- Foster additional sense connection between gardeners
- Facilitate opportunities for gardeners to share their knowledge

Methods



Results

Landscape design for the medicinal herb garden



Place based lesson curriculum

“Human & Ecological Adaptations Lesson

- *Goal: gain a strong sense of efficacy, there is no one way to combat an issue in your community, sense of belonging and place in the garden, continue to build of the themes of storytelling and have youth start to think about who they want to become in the future”*